



DUMISANI NGCOLA



UNLOCK YOUR MIND



Thoughts Become Things

A 3-Step System to Set & Achieve Any Goal



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— CHAPTER 1

1 THE LAW OF THE SEED

How every goal grows the same way

Every Goal Is a Seed

A goal is more like a seed that you plant in the ground. It is an IDEA that you want to realise. At the moment of inception, you have no idea how you will achieve or realise it.

However, you need to be aware that it is governed by the exact same laws that control the growth process of a physical seed. The universe operates by law — and it works in an orderly manner.

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The Absence of Evidence is not Evidence of Absence. Believe it's coming — and it will come.

All seeds have a gestation period. We believe the gestation period of a human baby is 280 days. With an idea or goal, there is a gestation period too. We can work with this period by planting any IDEA into the garden of our subconscious mind and nourishing it through constant spaced repetition.

KEY INSIGHT: The law doesn't judge which seed is planted in the ground or in a pot — both grow the same way. Your goal is no different. The law has no exceptions.

3 Steps to Achieve Any Goal

1 BUILD THE IMAGE

Decide clearly what you want. You must have a burning desire for this goal. Get specific — vague goals produce vague results. See it, feel it, know exactly what it looks like when it arrives.

2 PLANT IT IN YOUR SUBCONSCIOUS

Fall in love with the IDEA. Write and read an affirmation of exactly what you want, continuously, in a strategic manner. As you do this you create feelings of gratitude. You will start to feel as though you already have it — and a way to achieve it will be shown to you as images or inspiring ideas. Your duty is to act on those ideas.

3 BELIEVE IT IS COMING

Belief is the nourishment of the non-physical seed. The law does not judge. It obeys. Take two seeds — plant one in the ground, one in a pot. Both grow identically. Your belief is what waters the idea. Hold it with certainty, not desperation.

— CHAPTER 2

2 THE EVIDENCE

Real results documented in real time

R25,000 in 5 Days

MARCH 2018 — STARTING WITH R1,500

My car broke down. Repair cost: R25,000. I had R1,500 cash and R1,800 in my bank account. While waiting for the tow truck, I wrote one affirmation:

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"I am so happy and grateful now that I have earned R25,000 from multiple sources of income. The Absence of Evidence is not Evidence of Absence. Believe it's coming, and it will come."

I set a timer to ring every hour. For the next several days, I read that affirmation each time it rang — feeling the gratitude as if it had already arrived.

Tuesday, March 05

A call arrived — R2,200. Then after 5pm, another: R12,900 in new business. Belief locked at 100%.

Thursday, March 07

Another deal landed: R10,497.95 + R645.05.

TOTAL IN UNDER A WEEK: R26,243 — from R1,500 start. The very next week: R28,000 using the same affirmation. In under 45 days: R350,000+ in the bank.

DOCUMENTED RESULTS

These are not motivational stories. These are documented results with bank screenshots. The law works with precision and with no exception — every single time it is applied correctly.

The pattern is always the same: write the affirmation, nourish it hourly, believe in the face of silence, act on inspiration when it arrives.

R26,243

In Under 5 Days
March 2018

R28,000

The Following Week
March 2018

R350,000+

In Under 45 Days
2018

R47,600

October 2022 Goal
30-Day Affirmation

203 Units

Sold in 3 Days
End-of-Month Challenge

R46,000

Written Oct 3, Arrived Nov 2
2022 Documented

— CHAPTER 3

3 THE SYSTEM

How to run your own 30-day cycle

Your 30-Day Affirmation Cycle

WRITE YOUR AFFIRMATION

Start with: "I am so happy and grateful now that I have [SPECIFIC GOAL]." Be exact. Include a number, a date, a feeling. Vague goals produce vague results.

SET THE HOURLY TIMER

Set a reminder on your phone to trigger every hour. When it rings — stop, read your affirmation, and feel genuine gratitude as if it is already done. This is not mechanical. This is emotional repetition.

THE SILENCE TEST

There will be days when nothing happens. This is the gestation period. The seed is below the soil. Do not dig it up. The absence of evidence is not evidence of absence. Press on.

ACT ON INSPIRED IDEAS

The law will present ideas to you — a sudden thought, a conversation, an "obvious" move. These are not coincidences. They are your instructions. Act on them immediately.

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I don't mean to brag about this — but to instil faith in you. These are God's laws. I have been studying them for over 15 years. Each time my back was against the wall, I applied these principles. They work with no exception. All the time.

YOUR AFFIRMATION TEMPLATE: "I am so happy and grateful now that I have [SPECIFIC GOAL]. The Absence of Evidence is not Evidence of Absence. Believe it's coming — and it will come."

— ARE YOU READY TO GO DEEPER? —

Work With Me

4-Week 1-on-1 Accountability Coaching

- ◆ 4 weekly private calls — I stay with you through your full 30-day cycle
- ◆ Personalised affirmation system built around YOUR specific goal
- ◆ Daily accountability check-ins via WhatsApp
- ◆ Documented proof process — your own screenshots in 30 days

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